

# Resisting change

## Does change frighten you?

If so, you are not alone. Many people are so frightened of change that they cling to outmoded things. For some people, it is that shoulder-padded 1980s look that keeps them grounded. In business, especially the marketing business, resistance to change may not look as jarring as a 1980s ensemble, but it still causes plenty of pain.

## The only constant is change

Fortunately or unfortunately, depending on your perspective, change is constant. Technology is especially fond of change and this kind of change is not only hard to deal with but expensive. Upgrade to Vista anyone? A few years ago, we would have never dreamed that we would be communicating with each other in warp speed via text messages or Twitter, but yet here we are.

I have noticed that many people in the marketing industry resist change. Some PR practitioners may still insist on sending out press releases via fax or regular mail. Some may keep their website static, never updating. Many scoff at Twitter or blogs or Facebook, thinking that they are flavor of the moment and quickly gone.

Whether Twitter will be here a year from now is debatable, but what is not debatable is that it changes the way people communicate and connect. If anything has derived from the new social media world, is how close connections can be to anyone anywhere. One can be in contact with an Australian designer or a French writer. And the other reality is that there is more information out there than ever before. It IS hard to keep up. But ignoring it because you don't like it will not make it go away. I have heard many people say they "don't have time for blogs or for Twitter." Do you also not have time for the news

and for email? My point is that the way people are communicating and learning is changing, and by resisting that change, especially if you are a marketing person, you are staying behind the times.

This reminds me of a friend who refuses to be on Facebook. She and I were catching up and she relayed information about a mutual friend, whom I haven't spoken to in a while. I told her I already knew. She wondered how I knew. I told her I saw it on Facebook. The point is people communicate with each other via social media, and it is necessary for marketing people to understand where people find out things.

Let me know what things you are resisting, and why. I really want to know!